

Evidence-based tools and guidance for delivering effective programs

PLANNING & MANAGEMENT
ACADEMICS & ENRICHMENT
STAFFING & PROFESSIONAL DEVELOPMENT
SITE CLIMATE
STUDENT RECRUITMENT & ATTENDANCE

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SAMPLE: **BOSTON YMCA SITE SCHEDULE**

For information on the importance of comprehensive site schedules and ideas for using them effectively, review Boston YMCA Site Schedule Guidance.

This sample site schedule was developed by the YMCA of Boston to provide a snapshot of a typical program day and week. The schedule illustrates group rotations through large- and small-group academic and enrichment activities and is used by program staff for site management. An electronic schedule is currently being used.





Monday Schedule

| | Team 1 | Team 2 | Team 3 |
|-------------|---|--------|-------------|
| 9:25-9:45 | Opening Circle Activities | | |
| 9:45-10:05 | Bathrooms, Breakfast Snack and Jammin' Minute | | |
| 10:10-12:15 | English/Language Arts | | |
| 12:20-12:45 | Nature Exploration/Team Building/iPLAY | | |
| 12:50-1:10 | Bathrooms & Lunch | | |
| 1:15-2:45 | Math | | |
| 2:55-3:40 | Swim | Swim | Arts/Crafts |
| 3:50-4:05 | Snack | | |
| 4:10-4:20 | Closing Circle Activities | | |

Tuesday Schedule

| | Team 1 | Team 2 | Team 3 | |
|-------------|---|--------|--------|--|
| 9:25-9:45 | Opening Circle Activities | | | |
| 9:45-10:05 | Bathrooms, Breakfast Snack and Jammin' Minute | | | |
| 10:10-12:15 | English/Language Arts | | | |
| 12:20-12:45 | iPLAY/Nature Exploration/Team Building | | | |
| 12:50-1:10 | Bathrooms & Lunch | | | |
| 1:15-2:45 | Math | | | |
| 2:55-3:40 | Arts/Crafts | Swim | Swim | |
| 3:50-4:05 | Snack | | | |
| 4:10-4:20 | Closing Circle Activities | | | |

Wednesday Schedule

| | Team 1 | Team 2 | Team 3 |
|-------------|---|-------------|--------|
| 9:25-9:45 | Opening Circle Activities | | |
| 9:45-10:05 | Bathrooms, Breakfast Snack and Jammin' Minute | | |
| 10:10-12:15 | English/Language Arts | | |
| 12:20-12:45 | Team Buidling/iPLAY/Nature Exploration | | |
| 12:50-1:10 | Bathrooms & Lunch | | |
| 1:15-2:45 | Math | | |
| 2:55-3:40 | Swim | Arts/Crafts | Swim |
| 3:50-4:05 | Snack | | |
| 4:10-4:20 | Closing Circle Activities | | |

Thursday Schedule

| | Team 1 | Team 2 | Team 3 | |
|-------------|--|---|--------|--|
| 9:25-9:45 | | Opening Circle Activities | | |
| 9:45-10:05 | Bathro | Bathrooms, Breakfast Snack and Jammin' Minute | | |
| 10:10-12:15 | | English/Language Arts | | |
| 12:20-12:45 | Nature Exploration/Team Building/iPLAY | | | |
| 12:50-1:10 | | Bathrooms & Lunch | | |
| 1:15-2:45 | | Math | | |
| 2:55-3:40 | All Teams Swim!! | | | |
| 3:50-4:05 | Snack | | | |
| 4:10-4:20 | | Closing Circle Activities | | |

Friday Schedule

| | Team 1 | Team 2 | Team 3 | |
|-------------|------------------|---|--------|--|
| 9:25-9:45 | | Opening Circle Activities | | |
| 9:45-10:05 | Bathro | Bathrooms, Breakfast Snack and Jammin' Minute | | |
| 10:10-12:15 | | English/Language Arts | | |
| 12:20-12:45 | iPI | iPLAY/Nature Exploration/Team Building | | |
| 12:50-1:10 | | Bathrooms & Lunch | | |
| 1:15-2:45 | Voyager Math | | | |
| 2:55-3:40 | All Teams Swim!! | | | |
| 3:50-4:05 | Snack | | | |
| 4:10-4:20 | | Closing Circle Activities | | |

SLP - Room Schedules by Group

| Week Of: | Group A (Team 1) | Group B (Team 2) | Group C (Team 3) | Time Blocks in Use |
|---|------------------|------------------|------------------|--------------------|
| July 13 th – July 17 th | Pavilion 1 | Pavilion 2 | Lodge | 9:30am-3:00pm |
| July 20 th – July 24 th | Pavilion 2 | Lodge | Pavilion 1 | 9:30am-3:00pm |
| July 27 st – July 31 th | Lodge | Pavilion 1 | Pavilion 2 | 9:30am-3:00pm |
| August 3 rd - August 7 th | Pavilion 1 | Pavilion 2 | Lodge | 9:30am-3:00pm |
| August 10 th - August 14 th | Pavilion 2 | Lodge | Pavilion 1 | 9:30am-3:00pm |